



# September 2017

LET'S HAVE A GREAT SCHOOL YEAR



**DAILY CHOICES:**

A = MAC & CHEESE  
W/ BROCCOLI

B = GRILLED CHEESE  
W/MIXED FRUIT

C = HEALTHY HARBOR SALAD  
GRILED CHICKEN, CARROTS,  
TOMATO, PEPPERS, CUCUMBER  
AVOCADO OVER ROMAIN

EACH LUNCH IS  
\$5.75. A DRINK IS  
NOT INCLUDED

CHECK OFF  
1, 2, A, B or C FOR  
EACH DAY

Catered by:



Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
3	4 	5 	6 A B C 1 FRENCH TOAST STICKS W/ APPLE SMILES 2 PANCAKES W/ APPLE SMILES	7 A B C 1 PENNE ALAVODKA W/ CAESAR SALAD 2 CHICKEN & BROCCOLI OVER PASTA	8 PIZZA 1 REGULAR 2 SICILIAN 	9
10	11 A B C 1 BBQ CHICKEN W/ MASHED POTATOES 2 MEATLOAF W/ MASHED POTATOES	12 A B C 1 BEEF TACOS W/ CARROT STICKS 2 CHICKEN QUESADILLAS W/ CARROT STICKS	13 A B C 1 BAGEL W/CREAM CHEESE W/ BANANA 2 CINNAMON OATMEAL APPLE PANCAKES W/ BANANA	14 A B C 1 CHILI W/ CHEESE & TORTILLA CHIPS 2 CHICKEN CAESAR SALAD	15 PIZZA 1 REGULAR 2 SICILIAN 	16
17	18 A B C 1 CHICKEN FINGERS W/ TATER TOTS 2 CHEESEBURGER W/ TATER TOTS	19 A B C 1 CHICKEN FAJITAS OVER RICE 2 STEAK FAJITAS OVER RICE	20 A B C 1 BACON, EGG & CHEESE ON A ROLL W/ ORANGE 2 FRENCH TOAST STICKS W/ ORANGE	21  Wishing you a sweet new year. Happy ROSH HASHANAH!	23	
24	25 A B C 1 SAUSAGE & PEPPERS OVER EGG NOODLES 2 BEEF & BROCCOLI OVER EGG NOODLES	26 A B C 1 TURKEY TACOS W/ CORN 2 STEAK QUESADILLAS W/ CORN	27 A B C 1 BLUEBERRY PANCAKES W/ MIXED FRUIT 2 BLT ON WHOLE WHEAT TOAST W/ MIXED FRUIT	28 A B C 1 CHICKEN PARM HERO W/ CARROT STICKS 2 MEATBALL PARM. HERO W/ CARROT STICKS	29 PIZZA 1 REGULAR 2 SICILIAN 	

NAME

GRADE

NUMBER of LUNCHES

CHECK #

AMOUNT