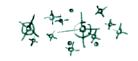


## **SCHOOL TRIPS PACKING LIST**

NOTE: Students should be limited to ONE suitcase or duffle bag. ALL ITEMS SHOULD BE MARKED WITH YOUR NAME.



Use the handy list below to check off items as you pack them both at home before you come to Frost Valley YMCA and use it again to make sure you don't leave anything behind!

NECESSARY:			OPTIONAL:			WINTER GEAR:			
AT HOME	AT FROST VALLEY		AT HOME	AT FROST VALLEY		AT HOME	AT FROST VALLEY		
		4 pairs of underwear			slippers			snow pants	
		4 pairs of socks			reading materials	•••		boots (insulated, waterproof)	
		pajamas			writing materials			2 pairs warm mittens/gloves	
		2 pairs of walking shoes			plastic bags	•••		scarf	
		raincoat	···		waterproof boots wash cloth	•••		winter coat (insulated, waterproof)	
		hat or hood			binoculars			2 pairs extra	
		2 warm pants or jeans	····		sunglasses	[***]	[***]	wool/warm socks ski hat	
[***]	[***]	1 jacket			-	[***]		(must cover ears)	
		1 heavy sweater			lip balm/ chap stick			long underwear	
	["]	warm shirts			stamps	* SNEAKERS ARE DISCOURAGED FOR WINTER WEAR			
	[""]	light shirts			camera	NOT	- ALLOWE	·D.	
	["]	bath towel			laundry bag	NOT ALLOWED:  • radio/CD player/MP3/MP4 player			
		tissues				• C	ortable TV ell phones		
		soap, shampoo	<ul> <li>videogames</li> <li>knives</li> </ul>						
		comb or brush	<ul> <li>candy or gum</li> <li>food</li> <li>hair driers</li> <li>fireworks</li> <li>matches</li> </ul>						
		toothbrush & toothpaste							
		sleeping bag	• pets						
		water bottle	FROST VALLEY YMCA 2000 Frost Valley Road, Claryville, NY 12725 TEL 845-985-2291 FAX 845-985-0056 WEB frostvalley.org						
		backpack							
		pillow			The same of the sa		an 1911/1911/24		
		flashlight	A STORAGE TO THE STORE OF THE S						