



# October 2022



DAILY CHOICES:		Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
A= MAC & CHEESE W/ BROCCOLI		2	3	4		6	7	8
B = GRILLED CHEESE W/MIXED FRUIT			<div>A B C</div> <div>1 PENNE ALA VODKA W/ CAESAR SALAD</div> <div>2 CHICKEN AND BROCCOLI OVER PASTA</div>	<div>A B C</div> <div>1 STEAK QUESADILLAS W/ QUINOA SALAD</div> <div>2 CHEESE QUESADILLAS W/ QUINOA SALAD</div>		<div>A B C</div> <div>1 TURKEY &amp; AMERICAN ON A ROLL W/ MIXED FRUIT</div> <div>2 BACON, CHICKEN RANCH WRAP W/ MIXED FRUIT</div>	<div>GF</div> <div>1 PIZZA REGULAR</div> <div>2 SICILIAN</div>	
C = ITALIAN CHICKEN SALAD ROMAINE LETTUCE, CHICKEN, TOMATOES, CUCUMBERS, ROASTED PEPPERS & MOZZARELLA		9		11	12	13	14	15
EACH LUNCH IS \$7.75. A DRINK IS NOT INCLUDED				<div>A B C</div> <div>1 CHICKEN QUESADILLAS W/ CARROT STICKS</div> <div>2 BEEF TACO WRAP W/ CARROT STICKS</div>	<div>A B C</div> <div>1 FRENCH TOAST STICKS W/ APPLE SMILES</div> <div>2 PUMPKIN PANCAKES W/ APPLE SMILES</div>	<div>A B C</div> <div>1 CHICKEN CAESAR SALAD</div> <div>2 VEGETARIAN CHILI &amp; CHEESE W/ TORTILLA CHIPS</div>	<div>GF</div> <div>1 PIZZA REGULAR</div> <div>2 SICILIAN</div>	
CHECK OFF 1, 2, A, B or C FOR EACH DAY		16	17	18	19	20	21	22
Catered by:  			<div>A B C</div> <div>1 CHICKEN FINGERS W/ TATER TOTS</div> <div>2 FISH STICKS W/ TATER TOTS</div>	<div>A B C</div> <div>1 BLACK BEAN, SPINACH &amp; CHEESE QUESADILLAS W/ CORN</div> <div>2 TURKEY TACO WRAP W/ CORN</div>	<div>A B C</div> <div>1 PANCAKES W/ BANANA</div> <div>2 EGG, CHEESE &amp; POTATO WRAP W/ BANANA</div>	<div>A B C</div> <div>1 MEATBALL PARM HERO W/ MIXED FRUIT</div> <div>2 CHICKEN PARM HERO W/ MIXED FRUIT</div>	<div>GF</div> <div>1 PIZZA REGULAR</div> <div>2 SICILIAN</div>	
		23	24	25	26	27	28	29
			<div>A B C</div> <div>1 ROASTED CHICKEN W/ HARVEST POTATO'S</div> <div>2 MEATLOAF W/ HARVEST POTATO'S</div>	<div>A B C</div> <div>1 SAUSAGE &amp; PEPPERS OVER RICE</div> <div>2 CHICKEN &amp; BROCCOLI OVER RICE</div>	<div>A B C</div> <div>1 BAGEL W/ CREAM CHEESE W/ ORANGE</div> <div>2 BACON, EGG &amp; CHEESE ON A ROLL W/ ORANGE</div>	<div>A B C</div> <div>1 CHEESEBURGER W/ MACARONI SALAD</div> <div>2 HOT DOGS W/ MACARONI SALAD</div>	<div>GF</div> <div>1 PIZZA REGULAR</div> <div>2 SICILIAN</div>	
<b>To ensure your child receives lunch for the first week of October, menus are due no later than September 28th.</b>								
NAME		GRADE		NUMBER of LUNCHES		CHECK #	AMOUNT	