



October 2018



DAILY CHOICES:

A = MAC & CHEESE
W/ BROCCOLI

B = GRILLED CHEESE
W/MIXED FRUIT

C = COBB SALAD
ROMAINE LETTUCE, CHICKEN,
TOMATOES, CUCUMBERS, EGG
AVACADO & JACK CHEESE.

EACH LUNCH IS
\$5.75. A DRINK IS
NOT INCLUDED

CHECK OFF
1, 2, A, B or C FOR
EACH DAY

Catered by:



Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
30	<p>1 <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C</p> <p>1 RAVIOLI W/ CAESAR SALAD</p> <p>2 BAKED ZITI W/ CAESAR SALAD</p> <p>B</p>	<p>2 <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C</p> <p>1 CHICKEN TACOS W'/ CARROT STICKS</p> <p>2 STEAK QUESADILLAS W/ CARROT STICKS</p> <p>C</p>	<p>3 <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C</p> <p>1 FRENCH TOAST STICKS W/APPLE SMILES</p> <p>2 PANCAKES W/ APPLE SMILES</p> <p>D</p>	<p>4 <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C</p> <p>1 CHICKEN FINGERS W/ BAKED FRIES</p> <p>2 HOT DOGS W/ BAKED FRIES</p> <p>E</p>	<p>5 GF</p> <p>PIZZA</p> <p>1 REGULAR</p> <p>2 SICILIAN</p> <p>F</p> 	6
7	<p>8</p> 	<p>9 <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C</p> <p>1 ROASTED CHICKEN W/ HARVEST POTATOES</p> <p>2 ROAST BEEF W/ HARVEST POTATOES</p> <p>B</p>	<p>10 <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C</p> <p>1 HAM EGG AND CHEESE ON A ROLL W/ BANANA</p> <p>2 CINNAMON APPLE PANCAKES W/BANANA</p> <p>A</p>	<p>11 <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C</p> <p>1 CHICKEN CAESAR SALAD</p> <p>2 CHILI & CHEESE W/ TORTILLA CHIPS</p> <p>B</p>	<p>12 GF</p> <p>PIZZA</p> <p>1 REGULAR</p> <p>2 SICILIAN</p> <p>C</p> 	13
14	<p>15 <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C</p> <p>1 MEATBALL PARM HERO W/ APPLE SMILES</p> <p>2 SAUSAGE & PEPPER ON A ROLL W/ APPLE SMILES</p> <p>D</p>	<p>16 <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C</p> <p>1 CHICKEN FAJITA WRAP W/ CARROT STICKS</p> <p>2 STEAK FAJITA WRAP W/ CARROT STICKS</p> <p>E</p>	<p>17 <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C</p> <p>1 BLT ON WHOLE WHEAT TOAST W/ MIXED BERRIES</p> <p>2 BAGEL W/ CREAM CHEESE W/MIXED BERRIES</p> <p>F</p>	<p>18 <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C</p> <p>1 TURKEY & AMERICAN ON A ROLL W/ MIXED FRUIT</p> <p>2 GRILLED CHICKEN & MOZZARELLA ON A ROLL W/ MIXED FRUIT</p> <p>g</p>	<p>19</p> 	20
21	<p>22 <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C</p> <p>1 CHICKEN PARM W/ PASTA</p> <p>2 SPAGHETTI & MEATBALLS</p> <p>A</p>	<p>23 <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C</p> <p>1 BEEF TACOS W/ CORN</p> <p>2 CHICKEN QUESADILLAS W/ CORN</p> <p>B</p>	<p>24 <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C</p> <p>1 FRENCH TOAST STICKS W/ ORANGE</p> <p>2 CINNAMON RAISIN BAGEL W/ CREAM CHEESE & ORANGE</p> <p>C</p> <p>FROST VALLEY & GREENKILL</p>	<p>25 <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C</p> <p>1 CHEESE BURGER W/ POTATO SALAD</p> <p>2 CHICKEN NOODLE SOUP W/ GRILLED CHEESE</p> <p>D</p> <p>FROST VALLEY & GREENKILL</p>	<p>26 GF</p> <p>PIZZA</p> <p>1 REGULAR</p> <p>2 SICILIAN</p> <p>E</p> <p>FROST VALLEY & GREENKILL</p> 	27
28	<p>29 <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C</p> <p>1 MEATLOAF W/ MASHED POTATOES</p> <p>2 SLICED TURKEY W/ MASHED POTATOES</p> <p>F</p>	<p>30 <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C</p> <p>1 BEEF & BROCCOLI OVER RICE</p> <p>2 CHICKEN & BROCCOLI OVER RICE</p> <p>g</p>	<p>31 <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C</p> <p>1 PUMPKIN PANCAKES W/ APPLE SMILES</p> <p>2 BACON EGG & CHEESE ON A ROLL W/ APPLE SMILES</p> <p>A</p>	<p>1 <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C</p> <p>1 AMERICAN HERO W/ MIXED FRUIT</p> <p>2 ITALAIN HERO W/ MIXED FRUIT</p> <p>B</p>	<p>2 GF</p> 	3

NAME _____ GRADE _____ NUMBER of LUNCHES _____ CHECK # _____ AMOUNT _____