

ol Activities

Fall 2017



Harbor Country Day School

 631-584-5555 www.hcdsny.org

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“Harbor cherishes childhood, cultivates wonder and inspires confident learners and leaders.”

**After School Activities**

**Fall 2017**

Please return by September 28, 2017

Name

Activity

Payment amount

Parent Email Emergency Contact Information

Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Phone Number \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Phone Number \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

After School Activities Program

Harbor Country Day School 2017-2018

* Our Fall session begins the week of October 2, 2017.
* A minimum enrollment of 3 students is required for a class to run. Maximum enrollment is 16.
* Student absences cannot be made up or refunded. In the event of a school closure due to inclement weather, or a program teacher’s absence, one make-up class will be held at the end of the session.
* Each activity begins at 3:30 p.m. in the dining room with a healthy snack provided by the program. At 3:45 p.m., students will be picked up by the program teacher and escorted to their clubs classroom.
* Preschool clubs will begin at 3pm and end at 3:30pm.
* Parent pick-up promptly at 4:45 p.m. in the main hallway. There will be a $15 fee billed for pick-ups after 4:45 p.m.

The cost for each activity is $150 per session, unless otherwise noted. Preschool programs will be $75 per session and run from 3:00 to 3:30. Some activities also have material fees. Please make checks payable to *Harbor Country Day School*.

Students who stay after school for a club may go to After School Child Care on the day the club meets, for no extra charge.

If there are any questions, please contact Kim Deutsch at kdeutsch@hcdsny.org

**Fridays**

**Yoga**

**Dates:** 10/6, 10/13, 10/20, 11/3, 11/17, 12/1 Makes-up: 1/5

**Instructor:** Donna Coogan, Certified yoga instructor.

**Grades: K-8**

Yoga promotes inner and outer strength, confidence and self-esteem. Students will learn how to move their bodies using yoga

postures, connect with their breath using breathing techniques and still their minds using relaxation techniques. Students will work at their own pace in a supportive, fun environment. Students will need to change into gym clothes (shorts/sneakers).

**Lil-Athletes for Preschoolers, 3:00-3:30**

**Dates:** 10/6, 10/13, 10/20, 11/3, 11/17, 12/1 Make-up: 1/5

**Instructor:** Instructor from Lil-Athletes

**Grades:** Preschool

The organization Lil Athletes is coming to Harbor Country Day School! In this six week session you will learn how to be part of a team while learning beginner techniques and fundamentals for new sports and most importantly having fun! During this program students will be exposed to two different sports for our preschool program you will be learning Soccer and Baseball!

**Sports Club**

**Dates:** 10/6, 10/13, 10/20, 11/3, 11/17, 12/1 Make-up: 1/5

**Instructor:** Instructor from Lil-Athletes

**Grades: K-2**

Have you ever wanted to try learning soccer or lacrosse? Well than come on down to the Sports Club! Students will be having fun while learning new skills and being active. Being physically active is very beneficial for young students, it boosts self-esteem, improves social skills and promotes lifelong health!

 **Mondays**

**Baking Coach**

**Dates:** 10/2, 10/9, 10/16, 10/23, 10/30, 11/6 Make-up: 11/13

**Instructor:** April Bier

**Grades: K-5**

Come check out the Baking Coach. Taking students further into culinary adventured. Build on your skills or join anew. There is so much fun to be had. During this workshop, you will learn how to make sweet and savory treats. In addition to learning cooking and baking techniques, you will learn how math and science apply to baking. Each student will receive a disposable apron and chef’s hat to wear during the program.

**Tuesdays**

**Music and Movement, 3:00-3:30**

**Dates:** 10/3, 10/10, 10/17, 10/24, 11/7, 11/14

**Make-up date:** 11/28

**Instructor:** TC Diamond Arts

**Grades: Preschool**

This movement and music series is built to increase body awareness, promote emotional and social growth and develop early creative expression. In this six week program students will be learning basic songs, movement, instrumental play and rhythm. Please note that preschool programs will take place at 3pm and will end at 3:30.

**Chess Scholars**

**Dates:** 10/3, 10/10, 10/17, 10/24, 11/7, 11/14

**Make-up date:** 11/28

**Instructor:** Afterschool Enrichment Solutions

**Grades: K-8**

Chess Scholars’ training program is based on a unique system with a gradual step by step increase in the difficulty of the material. Children quickly learn the rules of chess, enhance their understanding of the game and take them to a higher skill level. We will split the group into two parts, when the students’ range of skill is too wide. Currently we serve over three hundred schools and community centers throughout the country. Children who attended winter chess may continue in this session.

**Wednesdays**

**Lets Build It Engineering and Robotics**

**Dates:** 10/4, 10/11, 10/18, 10/25, 11/1, 11/15

**Make up date:** 11/29

**Instructor**: Afterschool Enrichment Solutions

**Grades: 1-5**

Enter the fascinating world of robotics! In this STEAM program, students will design, build, and test their own robots. Projects include remote control cars, claws, cranes, crawlers and battle bots. Educational components include gear ratios, mechanical design, electronics and robotic engineering. No experience in robotics necessary to join.

**Thursday**

**Beginner Coding**

**Dates**: 10/5, 10/12, 10/19, 10/26, 11/2, 11/9

**Instructor:** Artie Weissbach, Director of Technology **Grades: 2-5**

Did you ever dream about creating your own video game? Well here is a chance for you to get started on that dream. In this Intro to Coding club, you will be introduced to the Scratch coding language where anything is possible. You will learn what coding is, the concepts behind creating applications and the process of making one. Once you learn the basics of coding and get hooked, your creations are only limited to what your mind can dream up.