



# SCHOOL TRIPS at FROST VALLEY YMCA

## Behavior Contract

I understand the following behavior is expected of me while I am at Frost Valley:

1. To cooperate with fellow students, teachers and the Frost valley staff.
2. To cooperate with and accept the responsibility for completing any work assigned to me.
3. To have good manners at all times.
4. To participate in all the activities that I am assigned.
5. To be on time for all activities and meals.
6. To respect the property of others, not to enter anyone's room without their permission and not to touch anyone's property.
7. To remain in the lodges between lights out and the morning wake up call.
8. To keep my room neat and not to mark any of the Frost Valley property. If I damage anyone else's property, I will pay for the damages.
9. To respect quiet hours in the lodge from 10:00 pm to 7:00 am, lights out is at 10:00pm. It is VERY important that I am well rested and ready each day for the full day of activities.
10. To not collect any living things (plant or animal) unless supervised by a Frost Valley Program Instructor for a specific class activity.
11. To go in the lodges alone, I must be accompanied by an adult at all times.
12. To make the trip the most interesting and rewarding by getting involved in the activities and following instructions to the best of my ability.

Anyone who shows that he/she cannot live harmoniously with others, endangers his/her own safety or that of his fellow students, or cannot accept the rules and regulations , will be required to call his/her parents and will be removed from the group and asked to leave Frost Valley.

I have read and understand the above information. I promise to follow these guidelines and be on my best behavior during the trip.

\_\_\_\_\_  
Student's Signature

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Parent's or guardian's signature