## WELCOWE !

## September 2020



## DAILY CHOICES: A = GRILLED CHEESE

W/MIXED FRUIT

B = HEALTHY HARBOR SALAD
GRILLED CHICKEN, CARROTS,
TOMATO, PEPPERS, CUCUMBER
AVOCADO OVER ROMAINE

EACH LUNCH IS \$5.75. A DRINK IS NOT INCLUDED

CHECK OFF 1, 2, A or B FOR EACH DAY

Catered by:



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	Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	6	* Teloor * Dely		School Tre You Ready?	Hello new student orientation	11 GF PIZZA  1 REGULAR 2 SICILIAN	12
ER	13	14 A B  1 CHEESEBURGER W/ MIXED FRUIT 2 PULLED PORK ON A ROLL W/ MIXED FRUIT	15 A B 1 STEAK QUESADILLAS W/ CARROT STICKS 2 CHICKEN QUESADILLAS W/ CARROT STICKS	16 A B  1 BACON, EGG & CHEESE  W/ BANANA 2 MINI PANCAKES  W/ BANANA	17 A B  1 CHICKEN SALAD WRAP W/ POTATO SALAD 2 PHILLY CHEESE STEAK W/ POTATO SALAD	18 GF PIZZA  1 REGULAR 2 SICILIAN	19
	20	21 A B 1 CHICKEN PARM HERO W/ MIXED FRUIT 2 MEATBALL PARM HERO W/ MIXED FRUIT	22 A B 1 HOT DOGS W/ APPLE SMILES 2 CHICKEN FINGERS W/ APPLE SMILES	23 A B 1 HAM, EGG & CHEESE ON A ROLL W/ ORANGES 2 SCRAMBLED EGGS, CHEESE & POTATO WRAP W/ ORANGES	24 A B  1 AMERICAN HERO W/ WATERMELON 2 ITALIAN HERO W/ WATERMELON	25 GF PIZZA  1 REGULAR 2 SICILIAN	26
	27	Yom Kippur	29 A B  1 CHICKEN FAJITA WRAP W/ CARROT STICKS  2 STEAK FAJITA WRAP W/ CARROT STICKS	1 FRENCH TOAST STICKS W/ MIXED BERRIES BAGEL W/ CREAM CHEESE & MIXED BERRIES	1 A B 1 CHILI W/ CHEESE & TORTILLA CHIPS 2 CHICKEN CAESAR SALAD	PIZZA REGULAR SICILIAN	3

**GF = Gluten Free** 

NAME GRADE NUMBER of LUNCHES CHECK # AMOUNT