



**Harbor Country Day School**  
*Embracing the extraordinary in every child.™*

**COVID-19 Student Health Checklist - When to Remain Home from School**

**Please keep your child home from school if...**

- Your child has a fever greater than 100°F (*please do not medicate your child to reduce their fever in order to be able to send them to school*)
- Your child has, to your knowledge, come into close or proximate contact with someone who has tested positive for COVID-19
- Your child has any of the COVID-19 symptoms which include:
  - Fever or chills
  - Cough
  - Shortness of breath or difficulty breathing
  - Fatigue
  - Muscle or body aches
  - Headache
  - New loss of taste or smell
  - Sore throat
  - Congestion or runny nose
  - Nausea or vomiting
  - Diarrhea
- Your child have traveled internationally or been to one of the COVID-19 ‘high risk’ states (as mandated by Governor Cuomo’s tri-state travel ban) within the last 14 days
- Someone in your immediate household has tested positive for COVID-19
  - If someone in the immediate family has tested positive, please contact Harbor’s school nurse, Nancy Busa, at: [nbusa@hcdsny.org](mailto:nbusa@hcdsny.org) **immediately.***

**A return to school can take place:**

- **For those who had previously tested positive:** After the student is asymptomatic and has obtained two negative COVID-19 test results spaced 24 hours apart.
  - Please contact Harbor’s school nurse, Nancy Busa, at: [nbusa@hcdsny.org](mailto:nbusa@hcdsny.org) with these results prior to returning to work.
- **For those who were exhibiting COVID-19 symptoms but a COVID-19 test was NOT obtained:** The student MAY return once they:
  - Have been without fever for 3 days (without use of medication) **AND**
  - Respiratory symptoms have improved **AND**
  - It’s been at least 10 days since symptoms first appeared **AND**
  - Have clearance from their physician and a note has been provided to Harbor’s school nurse.

*Should you have any questions, please contact Harbor Country’s School Nurse: [nbusa@hcdsny.org](mailto:nbusa@hcdsny.org)*